



Certificate in Positive People Management



Programme Overview

The world of work is changing faster and more profoundly than most of us could have ever imagined.

Positive psychology and people practices can transform the way organizations manage people, especially during times of great change and uncertainty. Studies show that organizations applying these positive, innovative, and high impact approaches **create thriving workplaces** where people do their best work, enjoy better work lives, and are strongly committed to helping the business shape a **purposeful and sustainable future**.

This **immersive 6-month programme** will provide you with the insights, knowledge, and techniques to unlock the **energy, performance, and wellbeing of your workforce**. You will learn how to apply **powerful positive psychology techniques** like flow, growth mindset, psychological safety, resilience, emotional agility, and appreciative inquiry to improve the **competence, commitment, and change readiness** of your people. The learning journey will also provide plenty of scope for personal transformation, enabling you to achieve greater happiness, meaning and success.

The programme is delivered with an awareness throughout of **current and emerging HR trends and priorities** including diversity and inclusion, sustainability, team-based cultures and virtual teams, and the organizational impact of digital transformation.

When leaders use positive and strengths-based practices, profitability increases by

14 to 29%.

Companies with a highly engaged workforce experience a

19%

growth in operating income over a 12-month period.

Programme Benefits



Understand **trends shaping the new world** of work and implications for you and your team.



Achieve greater **happiness, meaning and success** at work.



Gain **practical positive psychology tools and techniques** to improve people management practices.



Unlock the **strengths, energy, and positive capacities of your people** to deliver the organization's strategy and navigate disruptive change.



Apply **appreciative and creative thinking techniques and tools** to solve complex people management challenges.



Ensure outcomes you deliver serve multiple stakeholders and contribute to a **brighter, more sustainable future.**



Learn from the **diverse perspectives and experiences** of other HR and people management leaders



Earn the UK's first ***Certificate in Positive People Management.***

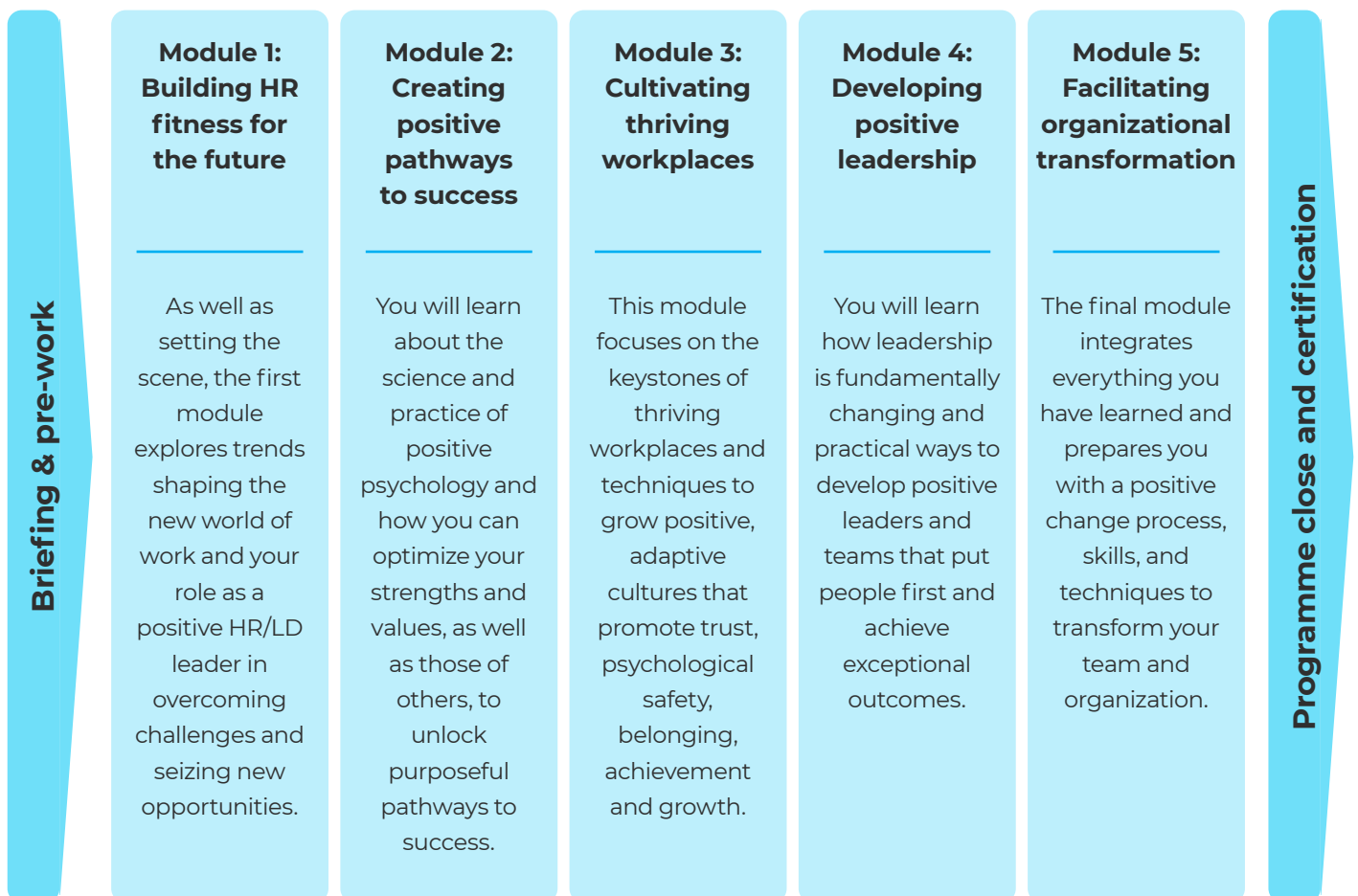
Your Learning Journey

The programme is highly interactive and consists of around **30 hours of learning** delivered over 6 months. In addition to **five online learning modules**, you will be expected to undertake additional coursework and **real-world application** of learning. Upon completion, you will earn a **Certificate of Positive People Management**. You will also be invited to join an **online alumni community** providing you with access to special events and ongoing learning opportunities.

To encourage collaboration, sharing and support, you will engage in regular **peer coaching and feedback** during the programme. You will also be required to undertake a **change challenge project** enabling you to apply learning to tackle a significant challenge at work.

A 6 month journey enabling you to learn from:

- ✓ Self-reflection**
- ✓ Peer learning & feedback**
- ✓ External facilitators**
- ✓ Personal coaching session**
- ✓ Change challenge project**
- ✓ Real world application**



Personal coaching session and self-managed peer learning

Your Facilitators



Sarah Lewis

Sarah Lewis is a chartered organizational psychologist and one of the principal positive psychology and appreciative inquiry practitioners in the UK. She works with organizations both commercial and not for profit to achieve effective, sustainable, positive change throughout Europe and further afield.

Sarah is an Associated Fellow of the British Psychological Society and a Principal and Founder Member of the Association of Business Psychologists. She is the author of 'Positive Psychology at Work', 'Positive Psychology and Change', and 'Positive Psychology in Business'. She is also lead author of 'Appreciative Inquiry for Change Management'. She lectures at a post-graduate level in Singapore and the UK.

Sarah worked previously as a social worker and manager, establishing her independent change consultancy business in 1993. In 2017 she received the Outstanding Contribution to Positive Psychology Work Practices award.



James Brook

James is a leadership consultant and coach, organizational psychologist, and entrepreneur. He has over 25 years global experience working with leaders, teams, and organizations to optimize their performance and future success using positive psychology and behavioural science.

Earlier in his career, James held leadership roles in HR and Talent Management in the UK and abroad with companies such as NatWest, Yahoo! and Novo Nordisk Pharmaceuticals. More recently, he has set up and led several talent and HR consulting businesses, including Strengthscope®, a pioneer and established global leader in strengths assessment and development.

James holds a Master's in Organizational Psychology, an MBA, an Advanced Diploma in Executive Coaching, and a Harvard qualification in Sustainable Business Strategy. He is a member of the Institute of Directors, the Association of Business Psychologists and a Fellow of the Chartered Institute of Personnel and Development (FCIPD).

COST

£2,145

(excl. VAT @ 20%)

A 10% early bird discount will be applied to all bookings received before midnight GMT on 28 February 2021.

DATES

30 March 2021 -
29 June 2021.

Dates of all modules will be provided on request.

Positive businesses achieve high performance and profitability by bringing out the best in their people to help them grow, and by leveraging their unique strengths and talents.

Spreitzer and Cameron, University of Michigan

SIGN UP

Contact us at info@plexusleadership.com for more information or to book your place on the programme.

